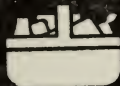


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# CONSUMER TIPS > >

Information from Bureau of Home Economics, USDA)

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Reserve

## HOW TO TAKE CARE OF THEM

1. Wear hose suited to occasion - heavier weights for work, sports, etc; ankle socks with slacks, overalls.
2. Put on carefully, first removing rings from fingers; slip foot directly into foot of stocking; roll hose up leg.
3. Do not garter hose too tight or below garter welt.
4. Keep toenails clipped short, fingernails filed smooth.
5. Avoid rough edges of chairs, tables; sandpaper them.

(over)

6. Wear right size shoes with smooth linings; a pair of ten-cent heel cups will save much wear on heels of hose.
7. Wash hose soon as possible after wearing; use mild soap, soft lukewarm water; don't rub or twist; dry thoroughly on smooth rod, away from heat & sunlight; NOTE: Some rayon hose require 48 hours to dry; alternate wearings.
8. Inspect hose after dry; reinforce weak spots in foot with thread; darn holes carefully, catching in all loops.
9. Runs may be mended with special hosiery needle.
10. In wartime, save all old stockings containing any silk or nylon; if no longer wearable, wash and take to local department store to be reused in materials of war.

CT-95

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